

FireSIDE

RESTAURANT & BAR

BREAKFAST

Breakfast served until 2:30 pm

FRENCH TOAST

\$ 4.25

Two pieces of battered brioche bread served with whipped butter, powdered sugar, and syrup
Calories 456/Fat 36g/Carbs 45g/Protein 12g/Sodium 450mg
Add strawberries or blueberries / \$1.50

THE SHORT STACK

\$ 5.00

Three buttermilk pancakes served with whipped butter, powdered sugar, syrup and choice of bacon or sausage
Calories 700/Fat 27g/Carbs 70g/Protein 20g/Sodium 850mg
Add strawberries or blueberries / \$1.50

BELGIAN WAFFLE

\$ 5.00

Served with whipped butter, powdered sugar, and syrup
Calories 630/Fat 27g/Carbs 30g/Protein 13g/Sodium 820mg
Add strawberries or blueberries / \$1.50

SUNRISE BREAKFAST

\$ 6.50

Two eggs any style, bacon or sausage, toast, served with breakfast potatoes
Calories 618/Fat 39g/Carbs 35g/Protein 28g/Sodium 875mg

EGGS BENEDICT

\$ 8.00

Toasted english muffin, poached eggs, canadian bacon, and hollandaise sauce
Calories 647/Fat 39g/Carbs 34g/Protein 30g/Sodium 975mg

OMELET

\$ 5.00

Three egg omelet and toast
Calories 441/Fat 20g/Carbs 36g/Protein 17g/Sodium 400mg

ADD TOPPINGS / \$0.50 EACH:

onions, peppers, bacon, sausage, ham, mushrooms, spinach, tomatoes, swiss, american, cheddar

BREAKFAST SANDWICH

\$ 4.00

Egg your way, bacon or sausage, american cheese, and choice of bread
*egg whites available upon request
Calories 210/Fat 18g/Carbs 23g/Protein 11g/Sodium 900mg

BISCUITS AND GRAVY

\$ 4.50 | \$ 6.50

Golden-baked biscuits topped with savory sausage gravy
Calories 717/Fat 41g/Carbs 67g/Protein 19g/Sodium 1500mg

BREAKFAST SIDES

SIDES \$1.50 EACH

BACON

Calories 120/Fat 11g/Carbs 2g/Protein 9g/Sodium 450mg

TURKEY SAUSAGE

Calories 160/Fat 12g/Carbs 2g/Protein 14g/Sodium 440mg

SAUSAGE

Calories 200/Fat 18g/Carbs 0g/Protein 7g/Sodium 550mg

EGG

Calories 80/Fat 5g/Carbs 1g/Protein 6g/Sodium 70mg

FRUIT / ADD \$ 1.50

Calories 80/Fat 0g/Carbs 13g/Protein 0g/Sodium 0mg

PANCAKE

Calories 260/Fat 12g/Carbs 45g/Protein 7g/Sodium 300mg

TOAST

Calories 260/Fat 2g/Carbs 50g/Protein 0g/Sodium 260mg

ENGLISH MUFFIN

Calories 190/Fat 2g/Carbs 37g/Protein 6g/Sodium 230mg

OATMEAL

Calories 230/Fat 8g/Carbs 22g/Protein 3g/Sodium 2mg

BREAKFAST POTATOES

Calories 130/Fat 3g/Carbs 18g/Protein 2g/Sodium 375mg

MUFFIN OF THE DAY

*These items can be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs, or unpasteurized milk may increase your risk of foodborne illness.

MAINS

ADD A SAUCE TO ANY ENTREE: Demi-glaze, teriyaki ginger glaze, brown sugar glaze

PICCATA \$ 11.00

Choice of lightly breaded chicken or marinated tofu in tangy lemon, caper, and white wine sauce over angel hair with garlic bread
Calories 900/Fat 40g/Carbs 60g/Protein 59g/Sodium 400mg

BROWN SUGAR GLAZED SALMON * \$ 18.50

Seared salmon topped with a sweet brown sugar glaze, and scallions, served with two sides
Calories 580/Fat 18g/Carbs 70g/Protein 34g/Sodium 115mg

CRAB CAKES \$ 16.00

Two house-made lump crab cakes topped with a low-country gravy with sundried tomatoes, served with two sides
Calories 256/Fat 8g/Carbs 14g/Protein 31g/Sodium 775mg

ANGEL HAIR AND MEAT SAUCE \$ 7.00 | \$ 10.00

House made meat sauce topped with parmesan cheese and served with garlic bread
Calories 493/Fat 16g/Carbs 33g/Protein 20g/Sodium 950mg

FILET MIGNON * \$ 27.00

6oz grilled filet, served with two sides
Calories 350/Fat 12g/Carbs 0g/Protein 36g/Sodium 95mg

CHICKEN POT PIE N BISCUIT \$ 7.00 | \$ 10.00

Chicken simmered with carrots, peas, celery, and savory cream sauce, topped with a biscuit
Calories 435/Fat 18g/Carbs 43g/Protein 25g/Sodium 1340mg

CHICKEN TENDER BASKET \$ 8.00 | \$ 11.00

Four hand-breaded chicken tenders fried golden, served with fries and your choice of ranch, bbq, or honey mustard
Calories 801/ Protein 69g/ Carbs 0g/ Fats 57g/ Sodium 1740mg

HEALTHY CHOICES

INDIAN CURRY CHICKPEAS \$ 7.00 | \$ 10.00

Chickpeas simmered in a warmly spiced Indian curry made with fresh ginger, coconut cream, garlic, cilantro, and turmeric, served over jasmine rice *No side choice
Calories 675/Fat 26g/Carbs 65g/Protein 24g/Sodium 300mg

PAN-ROASTED RED SNAPPER \$ 20.00

Pan-roasted red snapper served over a vibrant spring vegetable medley of asparagus, snap peas, and tomatoes, topped with a creamy lemon dill sauce *No side choice
Calories 560/Fat 26g/Carbs 31g/Protein 50g/Sodium 400mg

STUFFED TROUT \$ 17.00

Baked rainbow trout filled with asparagus, mushrooms, leeks, and lemon, topped with meyer lemon oil and served with a choice of side
Calories 600/Fat 43g/Carbs 5g/Protein 49g/Sodium 120mg

VEGGIE POWER BOWL \$ 5.75 | \$ 7.75

Romaine topped with roasted broccoli, roasted sweet potatoes, carrots, red cabbage, watermelon radish, and fresh english cucumbers
*No side choice
Calories 290/Fat 23g/Carbs 26g/Protein 5g/Sodium 94mg

SOUTHWEST GRAIN BOWL \$ 7.00

Couscous, quinoa, fire roasted bell peppers, corn, peas, tomatoes, black beans, and avocado crema
*No side choice
Calories 373/Fat 12g/Carbs 57g/Protein 11g/Sodium 180mg



Blue Zones



Dairy Free



Gluten Friendly

HANDHELDS

SERVED WITH CHOICE OF SIDE

BLACKENED CATFISH SANDWICH \$ 12.00

Baked and blackened catfish topped with coleslaw on a sub roll with choice of side

*available without blackened seasoning

Calories 610/Fat 24g/Carbs 51g/Protein 43g/Sodium 900mg

FRIED CATFISH SANDWICH \$ 12.00

Fried catfish topped with coleslaw on a sub roll with choice of side

Calories 610/Fat 24g/Carbs 51g/Protein 43g/Sodium 900mg

LODGE BURGER * \$ 9.00

Local Seven Hills burger, lettuce, tomato, and red onion on a buttered brioche bun.

Add sautéed mushrooms, grilled onions, bacon, or cheese / \$0.75 per topping

Calories 590/Fat 28g/Carbs 54g/Protein 56g/Sodium 1100mg

GRILLED CHICKEN SANDWICH \$ 9.00

Grilled chicken breast with lettuce, tomato, and red onion on a buttered brioche bun.

Add sautéed mushrooms, grilled onions, bacon, or cheese / \$0.75 per topping

Calories 590/Fat 18g/Carbs 54g/Protein 56g/Sodium 1100mg

GRILLED CHICKEN SANDWICH \$ 9.00

Grilled chicken breast with lettuce, tomato, and red onion on a buttered brioche bun.

Add sautéed mushrooms, grilled onions, bacon, or cheese / \$0.75 per topping

Calories 590/Fat 18g/Carbs 54g/Protein 56g/Sodium 1100mg

PUB DOG \$ 6.00

Add sauerkraut or cheese / \$0.75 per topping

Calories 360/Fat 32g/Carbs 30g/Protein 18g/Sodium 650mg

GRILLED CHEESE \$ 4.75

Choice of cheese griddled on choice of bread.

Add bacon or tomato / \$0.75 per topping.

Add ham or turkey / \$2.50 per meat

Calories 291/Fat 10g/Carbs 27g/Protein 5g/Sodium 410mg

BUILD YOUR OWN SANDWICH

\$ 7.00 | \$10.00

Available hot or cold with the choice of:

Proteins:

Turkey, ham, salami, pastrami, bacon

Cheese:

American, cheddar, swiss, provolone, pepper jack

Toppings:

Lettuce, tomato, red onion, cucumber, pickles, banana peppers, sauteed onions, spinach, coleslaw, sauerkraut, avocado

Spreads:

Mayo, mustard, hummus, garlic mayo, thousand island dressing, italian dressing

Breads:

White, wheat, rye, sourdough, sub roll, brioche bun, english muffin, gluten free bread, spinach tortilla

PIZZA \$ 9.00

Traditional red sauce, mozzarella, olive oil

*No side choice

PERSONAL PIZZA & SALAD \$ 9.00

Traditional red sauce pizza and choice of side salad or side caesar

ADD TOPPINGS / \$0.50 EACH:

Pepperoni, italian sausage, bell peppers, mushrooms, black olives, bacon, caramelized onions

Because of the handcrafted nature of our menu items, the shared cooking and preparation areas of our kitchen, and our reliance on suppliers for information, we cannot guarantee any item is allergen free. While items are prepared to specifications upon request, they may not meet the definition of "allergen-free" for those who are highly sensitive.

LIGHTER FARE

GREEK SALAD 🌱 \$ 7.00 | \$ 9.00

Romaine, feta, cucumbers, red onions, tomatoes, dolmades, kalamata olives, greek vinaigrette
Calories 425/Fat 37g/Carbs 16g/Protein 8g/Sodium 1020mg

CAESAR SALAD \$ 6.00

Romaine, shaved parmesan, croutons
Calories 400/Fat 32g/Carbs 21g/Protein 7g/Sodium 700mg

HOUSE SALAD 🌱 🍷 \$ 6.00

Romaine, carrots, cucumbers, radishes, and tomatoes
Calories 60/Fat 0g/Carbs 12g/Protein 1g/Sodium 60mg

ADD TO ANY SALAD OR A LA CARTE

🍷 🌱 Grilled chicken \$ 5.00
Calories 220/Fat 6g/Carbs 6g/Protein 36g/Sodium 190mg

🍷 Fried chicken \$ 5.00
Calories 400/Fat 8g/Carbs 10g/Protein 26g/Sodium 800mg

🍷 🌱 Seared salmon* \$ 12.50
Calories 412/Fat 29g/Carbs 0g/Protein 30g/Sodium 190mg

🍷 🌱 Sautéed shrimp \$ 8.00
Calories 300/Fat 15g/Carbs 2g/Protein 36g/Sodium 200mg

🍷 🌱 Marinated Tofu \$ 5.00
Calories 100/Fat 6g/Carbs 4g/Protein 9g/Sodium 200mg

🍷 🌱 Tumeric Roasted Chickpeas \$ 2.00
Calories 100/Fat 6g/Carbs 4g/Protein 9g/Sodium 200mg

SOUP DU JOUR \$ 4.00

VEGETABLE SOUP \$ 4.00

SIDES

SIDES \$ 3.00 EACH

FRIES

Calories 250/Fat 16g/Carbs 28g/Protein 2g/Sodium 400mg

ONION RINGS

Calories 350/Fat 25g/Carbs 40g/Protein 4g/Sodium 800mg

FRUIT 🌱 🍷

Calories 80/Fat 0g/Carbs 13g/Protein 0g/Sodium 0mg

MAPLE GINGER GLAZED TRI-COLOR CARROTS 🌱

Calories 180/Fat 10g/Carbs 21g/Protein 7g/Sodium 250mg

HARVARD BEETS

Calories 180/Fat 1g/Carbs 38g/Protein 1g/Sodium 275mg

FLORENTINE PASTA SALAD

Calories 145/Fat 5g/Carbs 22g/Protein 4g/Sodium 55mg

ROUTE 11 LIGHTLY SALTED CHIPS 🌱 🍷

Calories 150/Fat 8g/Carbs 16g/Protein 2g/Sodium 90mg

SIDE SALAD 🌱 🍷

Calories 35/Fat 0g/Carbs 7g/Protein 2g/Sodium 30mg

SIDE CAESAR WITH CAESAR DRESSING

Calories 184/Fat 15g/Carbs 7g/Protein 5g/Sodium 350mg

MASHED POTATOES 🌱

Calories 160/Fat 10g/Carbs 24g/Protein 4g/Sodium 500mg

COLESLAW 🌱 🍷

Calories 190/Fat 15g/Carbs 14g/Protein 1g/Sodium 200mg

STEAMED BROCCOLI 🌱 🍷

Calories 35/Fat 1g/Carbs 8g/Protein 4g/Sodium 40mg

SAUTEED ASPARAGUS AND MUSHROOMS 🌱 🍷

Calories 80/Fat 6g/Carbs 3g/Protein 2g/Sodium 300mg

JASMINE RICE 🌱 🍷

Calories 180/Fat 1g/Carbs 35g/Protein 6g/Sodium 300mg

SAUTEED SPINACH 🌱 🍷

Calories 74/Fat 4g/Carbs 7g/Protein 5g/Sodium 300mg

LOADED BAKED POTATO / AFTER 4:00PM 🌱

with butter, cheese, bacon, sour cream, chives
Calories 470/Fat 20g/Carbs 35g/Protein 6g/Sodium 700mg

LOADED SWEET POTATO / AFTER 4:00PM 🌱

with cinnamon brown sugar honey butter
Calories 450/Fat 12g/Carbs 45g/Protein 2g/Sodium 350mg

NOODLES 🍷

angel hair or gluten free

VEGETABLE OF THE DAY

SOUP DU JOUR / ADD \$1.00

VEGETABLE SOUP / ADD \$1.00