

## Happy New Year!

Join us this January as we kick off the new year! Campus events include: a NYE Party, a tea party, and a Thank Our First Responders social!

Keep an eye out for other events, like TV screenings, campus undecorating, new art exhibits in both galleries, and a Fitness Open House!



## New Years Eve Party

**3:00 PM to 4:00 PM in The Commons**

Close out 2025 and welcome 2026 with an hour of live music featuring the Bruce Sullivan Quartet. This festive gathering is the perfect way to ring in the new year! Enjoy light appetizers and drinks as we celebrate together.



## Thank Our First Responders

**1:30 PM to 3:00 PM in The Commons**

Join the Covenant Woods community to honor and thank our Hanover County First Responders with a special sweet treat social!



If you'd like to donate desserts, sign-up sheets will be available starting January 2<sup>nd</sup> at the In-House Registration books located in the Manor Parlor and Lodge Lobby. Deadline for sign-up: Wednesday, January 21<sup>st</sup>.

Please drop off donated items in The Commons on January 28<sup>th</sup> between 9:00 AM and Noon.

January  
2026

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# MONDAY Evening Programs

7:00 PM in The Commons

Programs will be broadcast on in-house channel 1971 and Boxcast.

The shuttle will run until the end of the program for residents needing transportation to and from The Manor.

## More Great Songs from More Great Movies

Monday, January 5<sup>th</sup> - performance by Golden Age Edutainment

There are so many great songs from great movies that we had to do another! Learn how classical music found its way into modern movies and how the introduction of rock and roll on film shook the world. Hear the surprising back stories while you watch award-winning scenes from Mission Impossible, The Godfather, Pretty Woman, and many more.



## The Virginians Barbershop Concert

Monday, January 12<sup>th</sup> - performance by Virginians Chorus

The Virginians Chorus Ensemble consists of 12-16 singers who will perform a broad range of songs from traditional Barbershop to Doo-wop, Gospel, Broadway Classics, and Contemporary a'cappella music.



## Smokin' Fireballs

Monday, January 19<sup>th</sup> - performance by Smokin' Fireballs

Come listen to central Virginia's premier rock band playing your favorite 50's, 60's, and 70's rock! From classic rock anthems to oldies goldies, Smokin' Fireballs infuse each song with their unique style and playful energy.



## Out of Time Band

Monday, January 26<sup>th</sup> - performance by Out of Time

The Out of Time Band performs many songs by the Kingston Trio, John Denver, Glen Campbell, Roger Miller, Kenny Rogers, and upbeat Irish pieces like "Whiskey in the Jar!"



**Do you have a speaker or performer suggestion?**

**Please contact the IL Recreation Coordinator or a member of the Activities Committee.**

# Independent Living Excursions

**To register, call the Registration Line at (804) 569-4201.**

Residents must indicate number of participants and preferred method of payment when registering. Each outing has a minimum requirement of 10 people and will depart from the Manor Lobby unless otherwise stated.

**\*Please note:** House Account will be charged if payment method is not specified at time of registration. If you use a mobility assistive device, you must indicate when making a reservation.

## House to Highway at the Library of Virginia (L2)



Tuesday, January 13th | 10:30 AM to 12:30 PM | \$13

Visit the Library of Virginia's newest exhibition on the history of Richmond's Jackson Ward neighborhood, "House to Highway: Reclaiming a Community History." This exhibit explores the historic district that was once the center of Richmond's Black community through the lens of the Skipwith-Roper family. Using a combination of archival records, maps and photographs from the Library's collection, the exhibition covers a period from 1767 through the 1950s, when eminent domain displaced many residents and businesses of Jackson Ward for the construction of the Richmond-Petersburg Turnpike.

The exhibition is presented in partnership with [The JXN Project \(JXN\)](#), a historic preservation nonprofit organization dedicated to capturing the pivotal role of the ward in the Black American experience as one of the country's first historically registered Black urban neighborhoods.

**Sign up deadline: January 7th. Escort.**

**Price includes transportation; the exhibit is free.**

## Lunch Bunch to Riverbound Café (L3)



Tuesday, January 20th | 12:00 PM to 2:00 PM | Free

Riverbound Café has been serving delicious, homemade meals to the Mechanicsville community since 2004. Their American-style menu features fresh salads, hearty sandwiches, and satisfying entrées—including seafood specialties like crab cakes and shrimp. Join your neighbors for a good time and a great meal!

**Sign up deadline: January 13th. Transportation is complimentary. Lunch is on your own. No escort.**



# Independent Living Excursions

## White House of the Confederacy (L1) Guided Tour

Thursday, January 22nd | 2:30 PM to 4:30 PM | \$26



Built in 1818, this National Historic Landmark served as the Confederate Executive Mansion during the war. Guided tours of the restored house—the elegant public rooms as well as the private living quarters—explore the lives of the people who lived and worked there. During the White House of the Confederacy tour, visitors will have the opportunity to walk through two floors of the house with a trained guide from the American Civil War Museum.

Participants should be comfortable navigating up and down stairs, as the venue is not accessible for wheelchairs or rollators.

**Sign up deadline: January 15th. Escort.**  
**Price includes transportation and guided tour.**

### Grocery Outings



6<sup>th</sup> & 20<sup>th</sup>  
2:00 PM



7<sup>th</sup>



10:00 AM



DOLLAR TREE

7<sup>th</sup>

1:30 PM



FOOD LION

8<sup>th</sup> & 22<sup>nd</sup>  
1:30 PM



12<sup>th</sup> at 1:30 PM  
26<sup>th</sup> at 10:00 AM



14<sup>th</sup> & 28<sup>th</sup>  
10:00 AM

## Ticket Holder Reminders

Thursday, January 8th: Deathtrap at Hanover Tavern: The bus departs at 7:15 PM. No escort.

Saturday, January 17<sup>th</sup>: Richmond Symphony: The bus departs at 6:00 PM. No escort.

Saturday, January 17<sup>th</sup>: Richmond Forum: The bus departs at 7:00 PM. No escort.

Saturday, January 31<sup>st</sup>: Richmond Symphony: The bus departs at 6:00 PM. No escort.

If you are unable to attend a performance, please contact Hallie Kent at (804) 417-5107 to reassign your seat to a resident on the waiting list and to update the Trip Roster.



# Campus Announcements

## Worship Services

Vespers | Sundays | 4:00 PM | Multi-Purpose Room & Channel 1973  
Catholic Mass | 3<sup>rd</sup> Monday | 10:30 AM | Multi-Purpose Room

### Vespers:

January 4<sup>th</sup>: Communion service led by Chaplain Andrea Skeens  
January 11<sup>th</sup>: Service led by Fairfield Presbyterian Church  
January 18<sup>th</sup>: Service led by SC Intern Briana Windhausen  
January 25<sup>th</sup>: Service led by Chaplain Andrea Skeens



### Catholic Mass:

January 19<sup>th</sup>: Mass led by Father Jim from Church of the Redeemer

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## Dinner With Directors

Wednesday, January 14<sup>th</sup> | 5:00 PM | Traditions

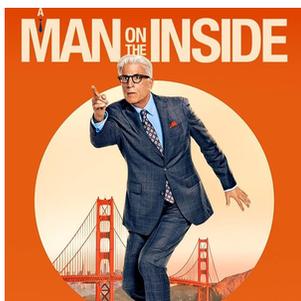
Enjoy a meal in Traditions with Laurie Ursiny, Director of Philanthropy and LaFon Jackson, Director of Nursing. Seating is limited to four residents per month.

To register, call the Registration Line at (804) 569-4201. Residents are responsible for purchasing their own dinner.

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## A Man on the Inside Season 2

Fridays starting on January 16<sup>th</sup>  
2:00 PM to 3:00 PM | The Commons



Enjoy the second installment of this eight-episode Netflix comedy TV series *A Man on the Inside* starring Ted Danson. Ted Danson, playing Charles Nieuwendyk, is a retired professor that got a new lease on life when a private investigator hires him to go undercover inside a San Francisco retirement community. This season, he is going undercover at a local college to find a blackmailer! You won't want to miss what they get up to! **Rated TV-14 for brief language and alcohol.** Episodes are around 30m long.

January 16<sup>th</sup> : Episode 1 - "Orientation" & Episode 2 - "Major Declaration"

January 23<sup>rd</sup> : Episode 3 - "Family Weekend" & Episode 4 - "Spirit Week"

January 30<sup>th</sup> : Episode 5 - "Thanksgiving Break" & Episode 6 - "Extracurriculars"

February 6<sup>th</sup> : Episode 7 - "Group Projects" & Episode 8 - "Finals Exams"

# Campus Announcements

## Holiday Clean Up

Please join us on the following dates to help put decorations away for another year

Tuesday, January 6<sup>th</sup> | 10:00 AM to 12:00 PM | The Lodge Lobby  
Wednesday, January 7<sup>th</sup> | 10:00 AM to 12:00 PM | Centerpointe

Questions: Contact resident, Linda Bell at [Lmb316@comcast.net](mailto:Lmb316@comcast.net) or (804) 417-5167.

## Thank You Holiday Decorators!

Thank you to all the residents who volunteered their time to decorate the Covenant Woods campus for the holidays!

A special thank you to Linda Bell, Anne Haas, Kathy Nye, and Linda Price for organizing, leading and adding their creative touch to this huge project.

Your hard work and dedication is greatly appreciated!



## Employee Appreciation Fund

HALLELUJAH! Residents and friends and family members of Covenant Woods - Congratulations! We set a new record of \$261,000+ in showing our appreciation for all that our employees do to make our lives better.

May all who contributed and all who received have a wonderful holiday and a terrific 2026.

Many thanks!

- Covenant Woods Residents' Council

THANK  
YOU

## Afternoon Tea

Thursday, January 15<sup>th</sup> | 2:00 PM to 3:00 PM | Multi-Purpose Room

Stay warm this winter with a delicious cup of hot tea! Stop by the Multi-Purpose Room to enjoy tea, finger foods, and time with friends and neighbors!



# Campus Announcements

## OPEN HOUSE

### Fitness Center Open House

Wednesday, January 21<sup>st</sup>

9:00 AM - 2:00 PM



#### Hume Scale Body Composition Readings:

Smart scales track body fat, muscle, hydration, and much more. Stop by the Fitness Office to scan the QR code with your smart phone or tablet to download the *Hume Health* app to set up an account prior to your reading.



#### Fitness Testing & Consultations:

Assess your current fitness level with 4 quick tests, identify potential health risks, and create a personalized exercise plan tailored to your needs. This assessment ensures safety and can motivate you to engage in a fitness program effectively.



#### Fitness Orientations & Classes:

Take a tour of the Fitness and Aquatic Center. Learn how to use the gym equipment safely. Find the right group exercise class for your fitness level and interests. Discover a workout you'll love to reach your fitness goals.

**Questions: Contact the Fitness Team at (804) 569-8043 or email [fitness@covenantwoods.com](mailto:fitness@covenantwoods.com).**

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## Valentine's Day Flower Grams

Spread the love this Valentines Day and send a Flower Gram to a friend, neighbor and/or loved one at Covenant Woods! A Flower Gram consists of one red rose, a heart-shaped tag, and a personal message from the sender which will be delivered on Valentines Day to the recipient's residence.

If you would like to send a Flower Gram, order forms will be placed next to the In-House Registration Book located in The Lodge Lobby and the Manor Parlor beginning on January 7th. Order forms and payment are due to the Concierge desk by January 21st for processing. **Flower Grams are \$5 each and can be charged to your House Account or you can pay by cash at the Manor Concierge desk. Instructions will be on the order form.**

**Questions: Hallie Kent, IL Recreation Coordinator at (804) 417-5107 or [cwrecreation@covenantwoods.com](mailto:cwrecreation@covenantwoods.com)**



# Campus Announcements



## *Trees!?*

### New Art Exhibit Opening & Reception

Friday, January 9<sup>th</sup>

3:00 PM to 4:00 PM | Taylor Gallery

Featured Artist: Rose Costanzo & Hal Wallof

Exhibit Length: January - March



The new art exhibit in the Taylor Gallery is called *Trees!?* It is a memorial to artist Rose Costanzo, who passed away in November. Rose conceived of this exhibition and invited resident Hal Wallof to join her. Rose's daughter Ceci has graciously agreed to gather some of her mother's tree paintings for this event. Rose, having been a tree farmer, had a special feeling for trees. She believed that trees are more mysterious and more beautiful than is generally realized, and she was hoping this show would reveal something of that beauty and mystery.

Join your neighbors for a reception on Friday, January 9<sup>th</sup>. Light refreshment will be provided.

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## Call for Art Exhibitors!

Interested in exhibiting artwork? Do you know of a resident artist on campus or an artist in the community you would recommend featuring in one of our galleries?

The Taylor Gallery, located in the Manor, is now scheduling exhibitors for 2026! Exhibits will rotate quarterly.

To reserve a spot, contact Hallie Kent, IL Recreation Coordinator, at (804) 417-5107.

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## New Lodge Gallery

### Exhibit Opening & Reception

Monday, January 12<sup>th</sup> | 3:00 PM to 4:00 PM | Lodge Gallery

Featured Artist: Linda Shaw

Exhibit Length: January - February



Painter, Linda Shaw is both a studio and a plein air painter working primarily in oils. Her work is derived from a wide array of subject matter -- landscape, portrait and everything in between. Linda's style is expressionistic yet maintains a representational quality. She employs energetic brushwork, gestural marks and varied edges to communicate her vision. Linda's work is greatly inspired by the Post-Impressionists that infused emotion in their work to connect with the viewer on a deep level.

Light refreshments will be provided.

# Campus Announcements

## New Resident Survey

Beginning January 19<sup>th</sup>

Covenant Woods will launch a new and shorter resident survey using the Net Promoter Score (NPS) method to better understand your experience. NPS is a trusted method to measure satisfaction and loyalty. Your feedback is needed to provide valuable insights into what matters to you most.

Surveys will be conducted internally using *Microsoft Forms* which will ensure confidentiality and provide faster results to Directors to analyze, identify trends, and share results with you. This approach will not only save residents and staff time but will also save Covenant Woods money.

A detailed letter explaining the new process with survey instructions will be distributed to Independent Living and Assisted Living in-house mailboxes and delivered to Health Care residents on Friday, January 16th.

**Questions: Meghan Tomes, Director of Resident Services & Compliance at 804-569-8182.**

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## Bingo Update!

Bingo is now on the 2<sup>nd</sup> and last Saturday of each month! Bingo takes place in the Multi-Purpose Room starting at 7:00 PM.



If you have prizes you would like to donate or have questions about Bingo, contact the resident organizer, Penny Jez at (804) 389-1124.

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## Annual Resident Association Meeting

Wednesday, February 11th | 10:00 AM | The Commons

Mark your calendar for the Independent Living Residents' Council Annual Meeting. We will elect new Council members to replace retiring members. The Committees of the Residents' Council will be giving their end of year reports which will highlight their activities during the past year.

We hope to see you there. **\*Please note the time change to 10:00 AM. The shuttle will run early for this program.**

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## Join the Activities Committee

Do You Enjoy Covenant Woods Programs and Activities?

Join the Activities Committee! This group meets monthly to brainstorm and plan future Monday evening performers and speakers, special events, outings, resident parties and socials, classes, and more. All residents are welcome!



Meetings are held on the second Thursday of each month at 10:00 AM in Treetops.

**Questions: contact Hallie Kent, IL Recreation Coordinator at (804) 417-5107.**

# Resident Interest Groups

## History Study Group The Confederacy in History, Myth and Memory

Wednesday, January 14th | 2:00 PM - 3:00 PM  
Multi-Purpose Room & Channel 1973



History covers the facts and also people's interpretation of those facts. Many myths surround the Confederacy which is what people think happened, but perhaps didn't. And then there's memory - what our grandmother told us. We welcome back as presenter the former president of the Museum of the Confederacy and Co-CEO of the American Civil War Museum, Waite Rawls. Mr. Rawls will help us consider and separate fact from fiction about the Confederacy and provide clarity to one of our region and country's greatest intellectual challenges.

All Covenant Woods residents are welcome to attend History Study Group presentations.

For more information, contact resident organizer Rick Richardson at (804) 569-4297.

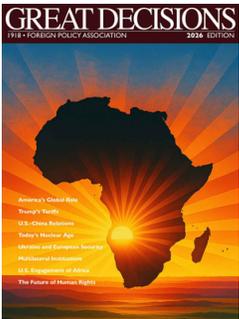
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## Great Decisions 2026

### #1: Trump Tariffs and the Future of the World Economy

Tuesday, January 27<sup>th</sup> | 10:00 AM - 12:00 PM  
The Commons & Channel 1971

Speaker: Chris Saladino, Associate Professor, Virginia Commonwealth University  
Department of Political Science.



Trump's aggressive trade and tariff policies have shaken global economic norms. What's the rationale behind this radical shift in economic policy and what are the implications for multilateral trade and geopolitics? Chapter by Michael Natanbduio.

If you wish to join the series or would like more information, contact the resident organizer, Dr. Penny Jez at [pjez@comcast.net](mailto:pjez@comcast.net) or (804) 389-1124.

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CW Chapter of VaCCRA Presents:  
Meghan Tomes, Director of Resident Services  
Tuesday, January 20th | 10:30 AM | The Commons



- What does Resident Services include?
- Understanding Independent Living: Who Qualifies and the Role of the Assessment Team?
- How are Resident Handbook changes made?
- Explain the new method for the in-house generated Resident Feedback Questionnaire.

Bring your questions! Everyone is Welcome!

Questions: Naomi Willey (407) 433-3400 or Chuck Webb (757) 880-7558.



# Movie Nights

Every Friday at 7:00 PM

Multi-Purpose Room & broadcast on channel 1973 & Boxcast.

Seating is first come, first served. Popcorn & beverages will be provided in person.

**January 2<sup>nd</sup> *Mamma Mia!* (2008):** Donna, an independent hotelier, is preparing for her daughter's wedding with the help of two old friends. Meanwhile Sophie, the spirited bride, has a plan. She invites three men from her mother's past in hope of meeting her real father. **Cast: Meryl Streep, Amanda Seyfried, Pierce Brosnan. Director: Phyllida Lloyd (1h 48m; PG-13 for some sex-related comments).**

**January 9<sup>th</sup> *A Haunting in Venice* (2023):** Follow Agatha Christie's Hercule Poirot on another caper! In post-World War II Venice, Poirot, now retired and living in his own exile, reluctantly attends a seance. But when one of the guests is murdered, it is up to the former detective to once again uncover the killer. **Cast: Kenneth Branagh, Michelle Yeoh, and Tina Fey. Director: Kenneth Branagh (1h 43m; PG-13 for some strong violence, disturbing images and thematic elements).**

**January 16<sup>th</sup> *The Royal Tenenbaums* (2001):** The eccentric members of a dysfunctional family reluctantly gather under the same roof for various reasons. **Cast: Gene Hackman, Gwyneth Paltrow, and Ben Stiller. Director: Wes Anderson. (1h 50m; R for some language, sexuality/nudity and drug content).**

**January 23<sup>rd</sup> *Monty Python and the Holy Grail* (1975):** King Arthur and his Knights of the Round Table embark on a surreal, low-budget search for the Holy Grail, encountering many, very silly obstacles. **Cast: Graham Chapman, John Cleese, and Eric Idle. Director: Terry Gilliam (1h 30m; Approved for sex-related scenes, mild profanity, and mild violence).**

**January 30<sup>th</sup> *Argo* (2012):** Acting under the cover of a Hollywood producer scouting a location for a science fiction film, a CIA agent launches a dangerous operation to rescue six Americans in Tehran during the U.S. hostage crisis in Iran in 1979. **Cast: Ben Affleck, John Goodman, and Bryan Cranston . Director: Ben Affleck (2h; R for language and some violent images).**

\*Not all movies have a closed captioning option.  
Every effort will be made to provide captioning when available.



# Residents' Council Committees

Activities | Thursday, January 8<sup>th</sup> at 10:00 AM in Treetops.

Library | Thursday, January 8<sup>th</sup> at 11:00 AM in The Club Room.

Residents' Council | Friday, January 9<sup>th</sup> at 10:00 AM in the Multi-Purpose Room & Ch. 1973.

Health & Wellness | Thursday, January 15<sup>th</sup> at 10:00 AM in Vistas PDR.

New Resident | Thursday, January 15<sup>th</sup> at 11:00 AM in The Club Room.

Dining Services | Wednesday, January 21<sup>st</sup> at 10:30 AM in Vistas.

Campus Grounds | Wednesday, January 21<sup>st</sup> at 3:00 PM in Vistas.

Facilities | Monday, January 26<sup>th</sup> at 2:00 PM in The Club Room.

Finance | Tuesday, January 27<sup>th</sup> at 1:30 PM in The Club Room.



## Ruth Shoppe Hours

Open Every Tuesday  
12:30 PM - 2:30 PM

Located at the  
Manor Lower Level

## Welcome to Covenant Woods!

Betty Lee F307

Samuel & Patricia Taliaferro L201

Janet Winslow L301



### Happy Birthday!

- |                                      |  |
|--------------------------------------|--|
| • 1 <sup>st</sup> Tommy Hines        | • 17 <sup>th</sup> Mel Hawthorne         |
| • 2 <sup>nd</sup> Christy Scott      | • 17 <sup>th</sup> Jessie Lennon         |
| • 3 <sup>rd</sup> Gail Even          | • 18 <sup>th</sup> Colette Simic         |
| • 5 <sup>th</sup> Monnie Wooten      | • 18 <sup>th</sup> Elsie Price           |
| • 5 <sup>th</sup> Patrick McKeever   | • 19 <sup>th</sup> Dot Chudoba           |
| • 6 <sup>th</sup> Elizabeth Sims     | • 19 <sup>th</sup> Betty Jo Lennon       |
| • 6 <sup>th</sup> Joan McKeever      | • 20 <sup>th</sup> Barbara Vogel         |
| • 6 <sup>th</sup> Genevieve Chenault | • 21 <sup>st</sup> Felicia Niemoller     |
| • 8 <sup>th</sup> Katharine Anderson | • 21 <sup>st</sup> Margaret Rockecharlie |
| • 8 <sup>th</sup> Betty Yates        | • 24 <sup>th</sup> Tom Hobbs             |
| • 9 <sup>th</sup> Peggy Arehart      | • 24 <sup>th</sup> Elizabeth Davis       |
| • 10 <sup>th</sup> Mary Rinaldi      | • 26 <sup>th</sup> Pat Johnson           |
| • 11 <sup>th</sup> T. Wade King      | • 26 <sup>th</sup> Peggy Reid            |
| • 12 <sup>th</sup> Van Williams      | • 27 <sup>th</sup> Rick Richardson       |
| • 14 <sup>th</sup> Jo Mitchell       | • 28 <sup>th</sup> Joanne McCabe         |
| • 14 <sup>th</sup> Lissie Girard     | • 30 <sup>th</sup> Mary Lynn Jacobs      |
| • 13 <sup>th</sup> Nelda Snyder      |  |

### Happy Anniversary!

- 9<sup>th</sup>: Rick and Naomi Willey



If you do not want your birthday or anniversary published in the future, please contact the IL Recreation Coordinator at (804) 417-5107.

Published by the Covenant Woods Department of Recreation

#### Our Vision:

Wellness through Purposeful Living.



#### Mission Statement:

Covenant Woods, a not-for-profit Life Plan Community, provides exceptional healthcare, quality of life, security, and comfort where all can thrive, in keeping with the benevolent vision of our founders of faith in 1883.



#### Our Core Values:

Wholeness of Life, Equality, Quality of Service, Integrity, Stewardship of Resources.



# Manor East Announcements



## Flutist Tom May

Wednesday, January 7th | 2:00 PM to 3:00 PM  
Manor East Central

Tom is a professional flutist who has performed for over 50 years. While taking his audience back down memory lane, he performs a wide range of music that includes show tunes, American songbook, patriotic tunes, ballads, jazz, sacred hymns, 60's and 70's pop, rhythm and blues.



## Singer and Guitarist, Andrew Magruder

Monday, January 12th | 2:00 PM to 3:00 PM  
Manor East Central

Andrew Magruder is a musician with over a decade of industry experience specializing in bluegrass, folk, and country styles. In addition to his solo career, he collaborates extensively with various local artists and bands, bringing a unique blend of vocals and strings to each performance.



Friday, January 16th | 2:00 PM to 3:00 PM

Multi-Purpose Room

TRY YOUR LUCK!



## Fluid Art Expressions with Sandra Jenning

Wednesday, January 21<sup>st</sup> | 2:00 PM to 3:00 PM  
Manor East Central

Space is limited and will only be open to residents who reside in  
Manor East Residents

Fluid art is a painting technique that involves using liquid paints to create abstract, flowing designs. Instead of applying paint with a brush, artists manipulate the paint by pouring, dripping, or blowing it across the canvas.



# Manor East Announcements



## Piano Music with Joe Loschiavo

Wednesday, January 28<sup>th</sup> | 2:00 PM to 3:00 PM

### Manor East Central

Joe Loschiavo is an accomplished pianist with more than 30 years of experience in the entertainment business. His repertoire spans more than 200 songs, covering genres from jazz, blues, and standards to pop, classical, and rock

## Music with The SQUAD!

Friday, January 30<sup>th</sup> | 2:00 PM to 3:00 PM

### Multi-Purpose Room

Enjoy this talented group of musicians who will have you ready to put on your dancing shoes! Their vibrant sound and lively presence turn every performance into a true celebration of music and community.



## Manor East Excursions

Trips depart from the Manor East Lobby



Thursday, January 8<sup>th</sup> : Joyride. The bus departs at 1:30 PM.

Wednesday, January 14<sup>th</sup>: Lunch at Cold Harbor Restaurant. The bus departs 11:45 AM

Tuesday, January 20<sup>th</sup>: Joyride. The bus departs at 1:30 PM.

Tuesday, January 27<sup>th</sup>: Lunch at Plaza Azteca Restaurant. The bus departs at 11:45 AM

For questions and to register, contact Tina Abate at (804) 417-9189.

Fees will be billed to your House Account for Lunch Outings.

