

FireSIDE

BREAKFAST

Breakfast served until 2:30 pm

FRENCH TOAST

\$ 4.25

Two pieces of battered texas toast served with whipped butter, powdered sugar, and syrup
Calories 456/Fat 36g/Carbs 45g/Protein 12g/Sodium 450mg
Add strawberries or blueberries / \$1.50

THE SHORT STACK

\$ 5.00

Three buttermilk pancakes served with whipped butter, powdered sugar, syrup and choice of bacon or sausage
Calories 700/Fat 27g/Carbs 70g/Protein 20g/Sodium 850mg
Add strawberries or blueberries / \$1.50

BELGIAN WAFFLE

\$ 5.00

Served with whipped butter, powdered sugar, and syrup
Calories 630/Fat 27g/Carbs 30g/Protein 13g/Sodium 820mg
Add strawberries or blueberries / \$1.50

SUNRISE BREAKFAST

\$ 6.50

Two eggs any style, bacon or sausage, toast, served with breakfast potatoes
Calories 618/Fat 39g/Carbs 35g/Protein 28g/Sodium 875mg

EGGS BENEDICT

\$ 8.00

Toasted english muffin, poached eggs, canadian bacon, and hollandaise sauce
Calories 647/Fat 39g/Carbs 34g/Protein 30g/Sodium 975mg

OMELET

\$ 5.00

Three egg omelet and toast
Calories 441/Fat 20g/Carbs 36g/Protein 17g/Sodium 400mg

ADD TOPPINGS / \$0.50 EACH:

onions, peppers, bacon, sausage, ham, mushrooms, spinach, tomatoes, swiss, american, cheddar

BREAKFAST SANDWICH

\$ 4.00

Egg your way, bacon or sausage, american cheese, and choice of bread, english muffin, or croissant
Calories 210/Fat 18g/Carbs 23g/Protein 11g/Sodium 900mg

THE MAGNOLIA

\$ 4.25

Egg whites, avocado, tomato, spinach, on an english muffin
Calories 345/Fat 13g/Carbs 34g/Protein 13g/Sodium 850mg
Add turkey sausage / \$1.50

BREAKFAST SIDES

SIDES \$1.50

EACH

BACON

Calories 120/Fat 11g/Carbs 2g/Protein 9g/Sodium 450mg

TURKEY SAUSAGE

Calories 160/Fat 12g/Carbs 2g/Protein 14g/Sodium 440mg

SAUSAGE

Calories 200/Fat 18g/Carbs 0g/Protein 7g/Sodium 550mg

EGG

Calories 80/Fat 5g/Carbs 1g/Protein 6g/Sodium 70mg

FRUIT / ADD \$ 1.50

Calories 80/Fat 0g/Carbs 13g/Protein 0g/Sodium 0mg

PANCAKE

Calories 260/Fat 12g/Carbs 45g/Protein 7g/Sodium 300mg

TOAST

Calories 260/Fat 2g/Carbs 50g/Protein 0g/Sodium 260mg

ENGLISH MUFFIN

Calories 190/Fat 2g/Carbs 37g/Protein 6g/Sodium 230mg

CROISSANT

Calories 280/Fat 14g/Carbs 34g/Protein 4g/Sodium 270mg

OATMEAL

Calories 230/Fat 8g/Carbs 22g/Protein 3g/Sodium 2mg

BREAKFAST POTATOES

Calories 130/Fat 3g/Carbs 18g/Protein 2g/Sodium 375mg

MUFFIN OF THE DAY

**These items can be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs, or unpasteurized milk may increase your risk of foodborne illness.*

MAINS

ADD A SAUCE TO ANY ENTREE: Demi-glaze, teriyaki ginger glaze, horseradish sauce

CHICKEN FLORENTINE \$ 12.00

Grilled chicken breast topped with a creamy spinach sauce and fried spinach leaves, served with one side
Calories 325/Fat 17g/Carbs 6g/Protein 36g/Sodium 250mg

FILET MIGNON * \$ 25.00

6oz grilled filet, served pink or no pink, and with two sides
Calories 350/Fat 12g/Carbs 0g/Protein 36g/Sodium 95mg

COVENANT WOODS FARM \$ 18.00 HONEY GARLIC SALMON *

Topped with honey, garlic, tamari, lemon, and scallions, served with two sides
Calories 355/Fat 19g/Carbs 16g/Protein 33g/Sodium 480mg

PORK RIBEYE \$ 16.00

Grilled pork ribeye topped with a blueberry balsamic reduction, served with two sides
Calories 510/Fat 15g/Carbs 13g/Protein 36g/Sodium 500mg

GUMBO \$ 11.00

Kielbasa, chicken thigh, onions, bell peppers, and tomato sauce over jasmine rice
Calories 505/Fat 28g/Carbs 39g/Protein 32g/Sodium 805mg

CARNE ASADA * \$ 18.00

Sliced and marinated flank steak, served pink, with chimichurri, Spanish rice, guacamole, and fresh lime
*No side choices
Calories 545/Fat 27g/Carbs 42g/Protein 33g/Sodium 380mg

MOUNTAIN TROUT \$ 17.00

Pan fried or baked trout with heirloom tomatoes and topped with chives, thyme, italian parsley, and lemon, served with choice of side
Calories 295/Fat 16g/Carbs 5g/Protein 33g/Sodium 85mg

FRIED OYSTERS \$13.50 | \$16.50

Lightly dusted with wondra flour and fried, served with cocktail sauce and two sides
Calories 320/Fat 20g/Carbs 22g/Protein 18g/Sodium 500mg

ANGEL HAIR AND MEAT SAUCE \$7.00 | \$10.00

House made meat sauce topped with parmesan cheese, served with garlic bread *No side choices
Calories 493/Fat 16g/Carbs 33g/Protein 20g/Sodium 950mg

HEALTHY CHOICES

NO SIDE CHOICES

WATERMELON GAZPACHO \$ 8.50

Watermelon, cilantro, lime juice, fresh mint, tomato, cucumber, and olive oil
Calories 100/Fat 3g/Carbs 11g/Protein 2g/Sodium 50mg

MEDITERRANEAN \$4.50 | \$7.50

WHITE BEAN SALAD
White beans, tomato, cucumber, romaine, parsley, mint, za'atar spice, and feta cheese
Calories 250/Fat 10g/Carbs 23g/Protein 10g/Sodium 350mg

CARIBBEAN HONEY JERK SHRIMP \$ 16.95 WITH COVENANT WOODS FARM HONEY

Jerk seasoned shrimp with mango salsa and honey, served with two sides
Calories 345/Fat 9g/Carbs 35g/Protein 32g/Sodium 560mg

MANGO SALAD \$8.00 | \$11.00

Romaine, mango, pecans, bell peppers, and scallions
Calories 210/Fat 26g/Carbs 23g/Protein 3g/Sodium 20mg

LENTIL WALNUT BOLOGNESE \$ 13.00

Bolognese sauce made with brown lentils, onion, garlic, walnuts, and tomatoes served over angel hair
Calories 520/Fat 21g/Carbs 60g/Protein 20g/Sodium 210mg

SALMON POKE BOWL \$13.00 | \$16.00

Jasmine rice topped with bite sized pieces of salmon, honey ancho slaw made with vegan mayo, and avocado crema
Calories 775/Fat 25g/Carbs 47g/Protein 35g/Sodium 625mg

NOODLE STIR FRY \$5.50 | \$8.50

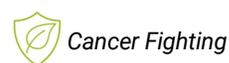
Linguini noodles sauteed with stir-fry sauce, mushrooms, carrots, bell peppers, zucchini, green onions, and garlic
Calories 310/Fat 11g/Carbs 45g/Protein 7g/Sodium 1050mg

BAKED FLOUNDER \$ 17.95

Flounder over white beans, tomatoes, and black olives, topped with feta and rosemary
Calories 335/Fat 18g/Carbs 18g/Protein 39g/Sodium 490mg

FENNEL CAULIFLOWER BOWL \$6.25 | \$9.25

Quinoa topped with red onions, roasted cauliflower, fennel seeds, peppers, zucchini, and garlic sauce
Calories 340/Fat 14g/Carbs 44g/Protein 11g/Sodium 300mg



HANDHELDS

SERVED WITH CHOICE OF SIDE

MONTE CRISTO \$ 11.00

Sliced ham, swiss cheese, and blackberry jam
griddled on french toast
Calories 525/Fat 26g/Carbs 43g/Protein 28g/Sodium 860mg

CHICKEN BANH MI \$ 11.00

Marinated chicken thigh on a sub roll with cilantro
mayo, pickled carrots, cucumbers, and radishes
Calories 540/Fat 25g/Carbs 45g/Protein 34g/Sodium 800mg

LODGE BURGER * \$ 9.00

Local Seven Hills burger, lettuce, tomato, and red
onion on a buttered brioche bun.
Add sautéed mushrooms, grilled onions, bacon, or
cheese / \$0.75 per topping
Calories 590/Fat 28g/Carbs 54g/Protein 56g/Sodium 1100mg

CHICKEN SANDWICH \$ 9.00

Grilled or fried chicken breast with lettuce, tomato,
and red onion on a buttered brioche bun.
Add sautéed mushrooms, grilled onions, bacon, or
cheese / \$0.75 per topping
Calories 590/Fat 18g/Carbs 54g/Protein 56g/Sodium 1100mg

TUNA SALAD \$5.50 | \$8.50

House made tuna salad with lettuce and tomato
on rye with choice of side
Calories 410/Fat 20g/Carbs 30g/Protein 26g/Sodium 660

CHICKEN WINGS \$ 7.00

Choice of buffalo, NC gold, or bbq sauce, and
choice of ranch or blue cheese *No side choice
Calories 600/Fat 24g/Carbs 8g/Protein 40g/Sodium 900mg

PUB DOG \$ 6.00

Add sauerkraut or cheese / \$0.75 per topping
Calories 360/Fat 32g/Carbs 30g/Protein 18g/Sodium 650mg

WALDORF CHICKEN SALAD \$ 11.25

Chicken salad made with diced apples, celery,
grapes, and pecans on a croissant with choice of side
Calories 480/Fat 31g/Carbs 45g/Protein 20g/Sodium 650mg

RASPBERRY WHITE CHEDDAR GRILLED CHEESE \$ 9.50

Raspberry jam, white cheddar cheese, caramelized
onions, and bacon on sourdough
Calories 575/Fat 26g/Carbs 43g/Protein 21g/Sodium 860mg

SMOKED SALMON PLATE \$ 15.50

Smoked salmon, lettuce, tomato, pickled
red onions, dill cream cheese, hard-boiled egg, and
capers served with toast points *No side choice
Calories 521/Fat 28g/Carbs 16g/Protein 30g/Sodium 1300mg

ROAST BEEF SANDWICH \$ 11.00

Sliced roast beef, white cheddar cheese, caramelized
onions, and horseradish sauce on a brioche bun
Calories 525/Fat 26g/Carbs 43g/Protein 28g/Sodium 860mg

CHICKEN QUESADILLA \$ 12.50

Chicken, bell peppers, onions, and cheddar jack
cheese griddled on a flour tortilla, served with
salsa and sour cream *No side choice
Calories 665/Fat 26g/Carbs 48g/Protein 40g/Sodium 1100mg

CLUB SANDWICH \$ 12.00

Deli turkey and ham, swiss, cheddar, bacon,
lettuce, tomato, and mayo on choice of bread
Calories 690/Fat 33g/Carbs 50g/Protein 36g/Sodium 1500mg

FIRESIDE BLT \$ 6.00

Add chicken salad, turkey, or ham / \$2.50 per meat
Calories 450/Fat 23g/Carbs 30g/Protein 15g/Sodium 1000mg

CATFISH PLATTER \$ 12.00

Baked or fried catfish served with Mississippi
dipping sauce, fries, and coleslaw
Calories 480/Fat 35g/Carbs 18g/Protein 35g/Sodium 900mg

CUBAN \$ 13.50

Pulled pork, ham, Swiss, dill pickle slices, and mustard
on a brioche bun
Calories 540/Fat 26g/Carbs 36g/Protein 34g/Sodium 950mg

BOLOGNA BURGER \$ 8.00

Thick sliced and pan fried bologna with choice of
cheese, yellow mustard, and mayo on white bread
Calories 525/Fat 35g/Carbs 44g/Protein 28g/Sodium 880mg

Because of the handcrafted nature of our menu items, the shared cooking and preparation areas of our kitchen, and our reliance on suppliers for information, we cannot guarantee any item is allergen free. While items are prepared to specifications upon request, they may not meet the definition of "allergen-free" for those who are highly sensitive.

LIGHTER FARE

BURRATA SALAD 🌱 \$ 12.00

Burrata cheese, heirloom grape tomatoes, blackberries, and pistachios over greens with peach balsamic reduction
Calories 295/Fat 21g/Carbs 21g/Protein 12g/Sodium 195mg

CAESAR SALAD \$ 6.00

Romaine, shaved parmesan, croutons
Calories 400/Fat 32g/Carbs 21g/Protein 7g/Sodium 700mg

HOUSE SALAD 🌱 \$ 6.00

Romaine, carrots, cucumbers, radishes, and tomatoes
Calories 60/Fat 0g/Carbs 12g/Protein 1g/Sodium 60mg

CHEF SALAD 🌱 \$10.00 | \$13.00

Romaine, deli ham and turkey, carrots, cucumbers, hard-boiled egg, tomatoes, and cheddar cheese
Calories 305/Fat 22g/Carbs 12g/Protein 28g/Sodium 795mg

ADD TO ANY SALAD OR A LA CARTE

🌱 Grilled chicken \$ 5.00
Calories 220/Fat 6g/Carbs 6g/Protein 36g/Sodium 190mg

Fried chicken \$ 5.00
Calories 400/Fat 8g/Carbs 10g/Protein 26g/Sodium 800mg

🌱 Seared salmon* \$ 12.50
Calories 412/Fat 29g/Carbs 0g/Protein 30g/Sodium 190mg

🌱 Sautéed shrimp \$ 8.00
Calories 300/Fat 15g/Carbs 2g/Protein 36g/Sodium 200mg

SOUP DU JOUR \$ 4.00

PIZZA

PIZZA \$ 9.00

Traditional red sauce, mozzarella, olive oil
Nutrition per slice:
Calories 200/Fat 10g/Carbs 28g/Protein 11g/Sodium 450mg

PERSONAL PIZZA & SALAD \$ 9.00

Traditional red sauce pizza and choice of side salad or side caesar
Calories 500/Fat 21g/Carbs 46g/Protein 20g/Sodium 1000mg

ADD TOPPINGS / \$0.50 EACH:

Pepperoni, italian sausage, bell peppers, mushrooms, black olives, bacon, caramelized onions

SIDES

SIDES

\$ 3.00

EACH

FRIES

Calories 250/Fat 16g/Carbs 28g/Protein 2g/Sodium 400mg

ONION RINGS

Calories 350/Fat 25g/Carbs 40g/Protein 4g/Sodium 800mg

FRUIT 🌱

Calories 80/Fat 0g/Carbs 13g/Protein 0g/Sodium 0mg

ZUCCHINI FRIES

Calories 500/Fat 30g/Carbs 40g/Protein 7g/Sodium 850mg

HARVARD BEETS

Calories 180/Fat 1g/Carbs 38g/Protein 1g/Sodium 275mg

BUTTER BEANS 🌱

Calories 125/Fat 1g/Carbs 20g/Protein 5g/Sodium 150mg

SIDE SALAD 🌱

Calories 35/Fat 0g/Carbs 7g/Protein 2g/Sodium 30mg

SIDE CAESAR WITH CAESAR DRESSING

Calories 184/Fat 15g/Carbs 7g/Protein 5g/Sodium 350mg

MASHED POTATOES 🌱

Calories 160/Fat 10g/Carbs 24g/Protein 4g/Sodium 500mg

COLESLAW 🌱

Calories 190/Fat 15g/Carbs 14g/Protein 1g/Sodium 200mg

STEAMED BROCCOLI 🌱

Calories 35/Fat 1g/Carbs 8g/Protein 4g/Sodium 40mg

SAUTEED ASPARAGUS AND MUSHROOMS 🌱

Calories 80/Fat 6g/Carbs 3g/Protein 2g/Sodium 300mg

JASMINE RICE 🌱

Calories 180/Fat 1g/Carbs 35g/Protein 6g/Sodium 300mg

SAUTEED SPINACH 🌱

Calories 74/Fat 4g/Carbs 7g/Protein 5g/Sodium 300mg

LOADED BAKED POTATO / AFTER 4:00PM 🌱

with butter, cheese, bacon, sour cream, chives

Calories 470/Fat 20g/Carbs 35g/Protein 6g/Sodium 700mg

LOADED SWEET POTATO / AFTER 4:00PM 🌱

with cinnamon brown sugar honey butter

Calories 450/Fat 12g/Carbs 45g/Protein 2g/Sodium 350mg

NOODLES

angel hair, linguini, or gluten free

SOUP DU JOUR / ADD \$1.00

VEGETABLE OF THE DAY