

TRADITIONS

Oct 7– Oct 13

SUNDAY 10/7

Vegetable Soup, Seafood Bisque, Grilled Chicken Salad over Romaine
Chicken w/ Wine Sauce, Fried Oysters, Carved Filet Mignon,
Zucchini and Squash, Jasmine Rice w/ Vegetables, Assorted Desserts

MONDAY 10/8

Vegetable Soup, Beef Lentil Soup, Chef's Salad,
Szechuan Noodles w/ Shrimp, Golden Chicken Cutlets w/ Basil, Tomato, & Parmesan,
Egg Roll, Corn Bread, Fresh broccoli, Assorted Desserts

TUESDAY 10/9

Vegetable Soup, Turkey and Noodle Soup, Ambrosia Salad,
BBQ Back Ribs, Chicken & Biscuits, Stuffed Shells w/ Tomato Sauce,
Green Beans Almondine, Spoon Bread, Garlic Bread, Coleslaw, Corn Bread

WEDNESDAY 10/10

Vegetable Soup, Cream of Cauliflower Soup, Potato Salad, Macaroni Salad
Country Fried Chicken., Ketchup Glazed Meatloaf, Broiled Grouper,
Baked Beans, Glazed Carrots, Steamed Rice w/ Chicken Gravy,
Assorted Desserts

THURSDAY 10/11

Vegetable Soup, Vegetarian Chili, Carrot and Raisin Salad,
Chicken Cordon Bleu w/ Mornay Sauce, Roast Pork Tenderloin w/
Sauerkraut, Cheeseburger Steak, Sweet White Corn, Lima Beans, Baby Carrots,
Assorted Desserts

FRIDAY 10/12

Vegetable Soup, Turkey Vegetable Soup, Waldorf Salad, Low Country Boil,
Corned Beef and Cabbage, Broiled Redfish, Mac & Cheese, Fresh Corn,
Stuffed Acorn Squash, Assorted Desserts

SATURDAY 10/13

Vegetable Soup, Chicken Noodle Soup, Shrimp Salad, Tender Pot Roast,
Salmon Cakes over Wild Rice, Spaghetti w/ Meat Sauce,
Fresh Zucchini, Roasted Butternut Squash, Assorted Desserts

Roasted Chicken is Offered on the Buffet